



**SALAD BAR**  
Vibrant, fresh and seasonal salad everyday



**TVS MENU**  
**AUTUMN MENU**  
SEPTEMBER – DECEMBER

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	<b>THAI NOODLES</b>	<b>ROAST DINNER</b>	<b>MEATBALLS</b>	<b>CHICKEN KATSU</b>	<b>FISH OF THE DAY</b>
	Thai Style Quorn Noodles with Rainbow Vegetables	Twice Cooked Roasted Gammon	Traditional Swedish Meatballs	Crispy Chicken with a Sweet Katsu Curry Sauce	Breaded Pollock Fillet
<b>MEAT FREE MAIN COURSE</b>	<b>MEAT FREE BURGER</b>	<b>VEGGIE ROAST</b>	<b>VEGGIE BALLS</b>	<b>CAULI KATSU</b>	<b>VEGGIE FINGERS</b>
	Classic Quorn Cheeseburger in Soft White Roll & Rosemary Potato Wedges	Crispy Pea & Veg Bites	Swedish Vegetarian Meatballs	Crispy Cauliflower with a Sweet Katsu Curry Sauce	Breaded Vegetable Fingers
<i>Sides</i>	Corn on the Cob	Roast Potatoes, Sliced Carrots & Gravy	Mash Potato, Whole Green Beans & Gravy	Steamed Rice & Broccoli	Potato Wedges & Garden Peas
<b>BREAD</b>	Baguette Slice	Baguette Slice	Soft Roll Wedge	Naan Bread	Flatbread Finger
<b>ALTERNATIVE MAIN</b>	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Second Course</i>	Country Slice	---	Red Fruit Doughball	Chocolate Brownie	Vanilla Ice Cream
<b>OR FRESH FRUIT</b>	Honeydew Melon Wedge	Fresh Fruit Salad	Galia Melon Wedge	Pineapple Sticks	Watermelon Slice
<b>Packed LUNCH</b>	Egg Mayo or Cheddar Cheese Sandwich	Chicken Mayo or Cream Cheese Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese Sandwich	Tuna Mayo or Egg Mayo Baguette	Ham or Double Cheese Sandwich
	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Banana	Pepper Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Banana	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Apple

DATES: 1ST SEPTEMBER | 22ND SEPTEMBER | 13TH OCTOBER | 3RD NOVEMBER | 24TH NOVEMBER | 15TH DECEMBER