

SALAD BAR

Vibrant, fresh and seasonal salad everyday



TVS MENU
WINTER 2026
JANUARY - APRIL

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	CHOW MEIN	ROAST DINNER	SPAG BOL	CHICKEN KATSU	FISH OF THE DAY
	Quorn Chow Mein & Rainbow Vegetables	Twice Cooked Roasted Gammon	Traditional Beef Bolognese with Spaghetti	Crispy Chicken with a Sweet Katsu Curry Sauce	Breaded Pollock Fish Fingers
MEAT FREE MAIN COURSE	MEAT FREE BURGER	VEGGIE ROAST	VEGGIE SPAG BOL	CAULI KATSU	VEGGIE FINGERS
	Classic Quorn Cheeseburger in Soft White roll & Rosemary Potato Wedge	Quorn Roast	Soya Bolognese with Spaghetti	Crispy Cauliflower Grill with a Sweet Katsu Curry Sauce	Breaded Vegetable Fingers
<i>Sides</i>	Corn on the Cob	Roast Potatoes, Sliced Carrots & Gravy	Diced Cucumber & Crusty Garlic Bread	Steamed Rice & Whole Green Beans	Potato Wedges & Garden Peas
BREAD	Baguette Slice	Soft Roll Wedge	---	Naan Bread	Flatbread Finger
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Second Course</i>	Oat & Raisin Cookie	Blueberry Muffin	Victoria Sponge	---	Lemon & Blackcurrant Tray Bake
FRESH FRUIT	Honeydew Melon Wedge	Orange Segments	Pineapple Sticks	Fruit Salad	Galia Melon Wedge
Packed LUNCH	Egg Mayo or Cheddar Cheese Sandwich	Chicken Mayo or Cream Cheese Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese Sandwich	Tuna Mayo or Egg Mayo Baguette	Ham or Double Cheese Sandwich
	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt & Banana	Pepper Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt & Banana	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt & Apple

DATES: 12TH JANUARY | 2ND FEBRUARY | 23RD FEBRUARY | 16TH MARCH | 6TH APRIL