

**SALAD BAR**  
Vibrant, fresh and seasonal salad everyday



**TVS MENU**  
**WINTER 2026**  
JANUARY - APRIL

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	<b>VEGGIE PASTA</b>	<b>BYO FAJITA</b>	<b>IRISH STEW</b>	<b>CHICKEN KORMA</b>	<b>FISH OF THE DAY</b>
<b>MEAT FREE</b>	Italian Vegetable Bolognese Fusilli Pasta	Chicken Fajita Mix, GF Wrap & Grated Cheese	Irish Lamb Stew	Aromatic Chicken Korma	Breaded Fish Cake
<b>MAIN COURSE</b>	---	<b>BYO VEGGIE FAJITA</b>	<b>IRISH VEGGIE STEW</b>	<b>VEGGIE KORMA</b>	<b>VEGGIE CAKE</b>
<i>Sides</i>	---	Quorn Fajita Mix, GF Wrap & Grated Cheese	Irish Vegetable Stew	Aromatic Sweet Potato Korma	Crispy Cauliflower Grill
<b>ALTERNATIVE MAIN</b>	Grated Cheese & Broccoli	Roasted Cherry Tomato & Sweetcorn Salad	Crushed Potatoes & Broccoli	Steamed Rice & Cauliflower Floret	Rosemary Potato Wedges & Pasta Hoops in Tomato Sauce
<i>Second Course</i>	Jacket Potato with Pasta Hoops in Tomato Sauce & Cheese	Fusilli Pasta with Homemade Tomato Sauce & Cheese	Jacket Potato with Pasta Hoops in Tomato Sauce & Cheese	Fusilli Pasta with Homemade Tomato Sauce & Cheese	Jacket Potato with Pasta Hoops in Tomato Sauce & Cheese
<b>FRESH FRUIT</b>	---	Coconut Crunch Biscuit	---	---	Apple & Raspberry Oat Square
<b>Packed LUNCH</b>	Honeydew Melon Wedge	Orange Segments	Pineapple Sticks	Fresh Fruit Salad	Galia Melon Wedge
	Avocado & Peppers or Cheese Sub	Chicken Mayo or Cream Cheese Sub	Chicken Mayo & Sweetcorn or Cheese Sub	Avocado & Peppers Sub	Ham or Cheese Mix & Sub
	Cucumber Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Satsuma	Carrot Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Banana	Pepper Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Satsuma	Carrot Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Banana	Cucumber Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Apple

DATES: 29TH DECEMBER | 19TH JANUARY | 9TH FEBRUARY | 2ND MARCH | 23RD MARCH

