

SALAD BAR
Vibrant, fresh and seasonal salad everyday



TVS MENU

WINTER 2026

JANUARY - APRIL

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	STIR FRY RICE	ROAST DINNER	PASTA BOL	CHICKEN CURRY	FISH OF THE DAY
	Quorn Fried Rice with Rainbow Vegetables	Twice Cooked Roast Gammon	Traditional Beef Bolognese with Fusilli Pasta	Chicken, Sweet Potato & Carrot Curry	Breaded Fish Cake
MEAT FREE MAIN COURSE	---	VEGGIE ROAST	VEG PASTA BOL	CAULI CURRY	VEGGIE BITES
	---	Cauliflower Hash	Mushroom Bolognese with Fusilli Pasta	Cauliflower, Sweet Potato & Carrot Curry	Crispy Spinach Bites
<i>Sides</i>	Corn on the Cob	Roast Potatoes, Sliced Carrots & Gravy	Diced Cucumber & Crusty Garlic Bread	Steamed Rice & Broccoli	Potato Wedges & Sweetcorn
ALTERNATIVE MAIN	Jacket Potato with Pasta Hoops in Tomato Sauce & Cheese	Fusilli Pasta with Homemade Tomato Sauce & Cheese	Jacket Potato with Pasta Hoops in Tomato Sauce & Cheese	Fusilli Pasta with Homemade Tomato Sauce & Cheese	Jacket Potato with Pasta Hoops in Tomato Sauce & Cheese
<i>Second Course</i>	---	---	Coconut Crunch Biscuit	---	Apple & Raspberry Oat Square
FRESH FRUIT	Honeydew Melon Wedge	Orange Segments	Pineapple Sticks	Fresh Fruit Salad	Galia Melon Wedge
Packed LUNCH	Avocado & Peppers or Cheese Sub	Chicken Mayo or Cream Cheese Sub	Chicken Mayo & Sweetcorn or Cheese Sub	Avocado & Peppers Sub	Ham or Cheese Mix Sub
	Cucumber Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Satsuma	Carrot Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Banana	Pepper Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Satsuma	Carrot Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Banana	Cucumber Sticks, Cake, Ready Salted Crisps, Fruit Jelly & Apple

DATES: 12TH JANUARY | 2ND FEBRUARY | 23RD FEBRUARY | 16TH MARCH | 6TH APRIL

