

SALAD BAR

Vibrant, fresh and seasonal salad everyday



**TVS MENU
SUMMER 2026**

APRIL - JULY

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	ITALIAN VEG BOL Italian Vegetable Bolognese & Penne Pasta with Cheddar Cheese	ROAST DINNER Roast Turkey	MAC 'N' CHEESE Macaroni Cheese Topped with Chicken	LAMB KEEMA Aromatic Lamb & Lentil Keema Curry	FISH OF THE DAY Breaded Fish Burger in a Bun
MEAT FREE MAIN COURSE	VEGGIE HOT DOG Veggie Hot Dog in a Bun with Potato Wedges	VEGGIE ROAST Quorn Roast	VEG MAC 'N' CHEESE Macaroni Cheese Topped with Crispy Onions	SOYA KEEMA Aromatic Soya & Lentil Keema Curry	MEAT FREE BURGER Veggie Burger in a Bun
Sides	Cucumber	Roast Potatoes, Carrots, Garden Peas & Gravy	Crispy Garlic Bread & Sweetcorn	Steamed Rice & Whole Green Beans	Potato Wedges & Garden Peas
BREAD	Baguette Slice	Flatbread Finger	---	Naan Bread	---
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
Second Course	Choc Chip Muffin	Cheese & Crackers	---	Blueberry Muffin	Flapjack Triangle
OR	Orange Smiles	Watermelon Slice	Fresh Fruit Salad	Honeydew Melon Wedge	Pineapple Sticks
FRESH FRUIT	Egg Mayo or Cheddar Cheese Sandwich	Chicken Mayo or Cream Cheese Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese & Roll	Tuna Mayo or Egg Mayo Baguette	Ham or Cheddar Cheese Sandwich
Packed LUNCH	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt & Banana	Pepper Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt & Banana	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt & Apple

DATES: 27TH APRIL | 18TH MAY | 8TH JUNE | 29TH JUNE | 20TH JULY