



SALAD BAR

Vibrant, fresh and
seasonal salad
everyday



TVS MENU

AUTUMN 2026

SEPTEMBER - DECEMBER

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	MEAT FREE BALLS	CHICKEN TIKKA	ROAST DINNER	SPAG BOL	FISH OF THE DAY
	Veggie Balls in Tomato & Herb Sauce with Linguine & Cheddar Cheese	Fragrant Chicken Tikka Masala	Roast Chicken	Traditional Beef Bolognese with Spaghetti	Fish Burger in a Bun
MEAT FREE MAIN COURSE	VEGGIE HOT DOG	CHICKPEA TIKKA	VEGGIE ROAST	SOYA SPAG BOL	MEAT FREE BURGER
	Vegetable Hot Dog in a Bun with Potato Wedges	Fragrant Chickpea Tikka Masala	Quorn Roast	Vegetarian Soya Bolognese with Spaghetti	Veggie Burger in a Bun
<i>Sides</i>	Sweetcorn	Steamed Rice & Cauliflower	Roast Potatoes, Peas & Carrots with Gravy	Cucumber & Crispy Garlic Bread	Potato Wedges & Garden Peas
BREAD	Baguette Slice	Naan Bread	Flatbread Finger	---	---
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Second Course</i>	Chocolate Chip Muffin	Victoria Sponge	---	Cheese & Crackers	Flapjack Triangle
OR					
FRESH FRUIT	Galia Melon Wedge	Watermelon Slice	Fresh Fruit Salad	Pineapple Sticks	Orange Smiles
<i>Packed LUNCH</i>	Egg Mayo or Cheddar Cheese Sandwich	Chicken Mayo or Cream Cheese Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese Roll	Tuna Mayo or Egg Mayo Baguette	Ham or Cheddar Cheese Sandwich
	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt & Apple	Pepper Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt & Apple	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt & Satsuma

DATES: 14TH SEPTEMBER | 5TH OCTOBER | 26TH OCTOBER | 16TH NOVEMBER | 7TH DECEMBER