



SALAD BAR
Vibrant, fresh and seasonal salad everyday



SECONDARY MENU
AUTUMN 2024
SEPTEMBER - DECEMBER

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	MARGHERITA PIZZA	ROAST DINNER	SPAG BOL	CHICKEN CURRY	FISH OF THE DAY
	Classic Mozzarella & Tomato Pizza	Twice Cooked Gammon	Traditional Beef Bolognese with Spaghetti	Aromatic Chicken Tikka Masala	Breaded Pollock Fish Fingers
MEAT FREE MAIN COURSE	MAC 'N' CHEESE	VEGGIE ROAST	VEGGIE SPAG BOL	VEGGIE CURRY	VEGGIE FINGERS
	Creamy Macaroni Cheese	Roast Quorn Fillet	Vegetarian Soya Bolognese with Spaghetti	Aromatic Chickpea Tikka Masala	Breaded Vegetable Fingers
<i>Sides</i>	Paprika Sauteed Potatoes & Sweetcorn	Roast Potatoes, Sliced Carrots & Gravy	Green Beans & Crusty Garlic Bread	White Rice & Broccoli	Potato Wedges & Garden Peas
BREAD	Zero Waste Croutons	Baguette Slice	---	Naan Bread	Soft Roll Wedge
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Dessert</i> OR FRESH FRUIT	Butter Flapjack	Arctic Roll	Chocolate Brownie	Fresh Fruit Salad	Apple Doughballs
	Watermelon Slice	Pineapple Sticks	Galia Melon Wedge	Watermelon Slice	Pineapple Sticks
<i>Packed LUNCH</i>	Egg Mayo & Tomato or Cheddar Cheese & Salad Sandwich	Coronation Chicken & Salad or Cream Cheese & Chive Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese & Cucumber Sandwich	Honey Roast Ham & Salad or Egg Mayo & Chive Baguette	Tuna Mayo & Cucumber or Cheddar Cheese & Tomato Sandwich
	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Banana	Pepper Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Satsuma	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Banana	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Apple

DATES: 2ND SEPTEMBER | 23RD SEPTEMBER | 14TH OCTOBER | 4TH NOVEMBER | 25TH NOVEMBER | 16TH DECEMBER